ONLINE ZOOM TRAINING SCHEDULE

STUDIO CITY MARTIAL ARTS

MONDAYS

2:00 PM - Dojo Community Check-in
(FREE 30 Mins) For Kids, Juniors, Teens & Adults

4:30 PM - Juniors Taijutsu (Ages 8-13)

5:30 PM - Little Ninjas (Ages 5-7)

TUESDAYS

3:30 PM - Little Ninjas (ages 5-7)
4:30 PM - Junior Taijutsu (8-13)
5:30 PM - Juniors & Teens (10+)
6:30 PM - Junior Sword (Invite)
7:00 PM - Adult Self Defense
8:00 PM - Adult Taijutsu / Karatejutsu

WEDNESDAYS

1:00 PM - Meditation/Breathing & Yoga
(Free 30 Min) Kids & Juniors
4:30 PM - Juniors Taijutsu (ages 8-13)
5:30 PM - Little Ninjas (ages 5-7)
7:00 PM - Adult Advanced Taijutsu
Black Belt Techniques/Weapons
8:00 PM - Certified Instructor Training

THURSDAYS

3:30 PM - Little Ninjas (Ages 5-7)
4:30 PM - Juniors Taijutsu (Ages 8-13)
5:30 PM - Advanced Teens Taijutsu (Invite)
6:30 PM - Juniors Sword & Staff (Invite)
7:00 PM - Adult Taijutsu (90 Minute Class)

FREE FITNESS FRIDAYS

12:30 - 1:30 PM - Gentle Yoga for Adults and Parents
3:30 - 4:15 PM - Martial Fitness for Kids and Juniors (Ages 5+)
4:30 - 5:15 PM - Yoga / Martial Fitness for Juniors and Teens (Ages 8+)

SATURDAYS

9:30 AM - Little Ninjas (Ages 5-7)
10:30 PM - Juniors Taijutsu (Ages 8-13)
11:30 PM - Adult / Advanced Teens
Taijutsu · Karatejutsu

Join us on ZOOM! Beginners welcome!
Contact: office@studiocitymartialarts.com
Class links emailed - Thank you for sharing!