



# **SAMURAI VS. NINJA**

## Winter JR. Weapons Workshop



**MONDAY JANUARY 3rd - FRIDAY JANUARY 7th**

**9:30 AM - 2:30PM**

**AGES 8 -15 ■ \$450**



Students will explore and refine solo weapon techniques and partner work.

Topics include:

**Katana / Bokken** (Japanese Sword)

**Ninja-To** (Specialized Ninja Sword)

**Hanbo** (Short Staff)

**Jo** (Medium Staff)

**Shuriken** (Throwing Stars)



Investigate the Rei-Ho or History and Responsibility of each weapon. Explore and practice solo weapon movement patterns. Develop striking, blocking, and partner combat patterns with various weapons. Learn traditional techniques needed for Belt Rank.

All training is conducted in a controlled and safe manner.

Training weapons are provided for use. Students will receive a sword program white belt and an information guidebook complete with visuals and Samurai and Ninja Kuden.

**INDIVIDUAL CERTIFICATES ARE AWARDED UPON COMPLETION.**

Please bring a snack, water and lunch. Open to all levels of experience.  
Minimum 6 enrollment. Enrollment includes \$15 sword program white belt fee.

**JOIN TODAY!**



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