



SAMURAI VS. NINJA

Summer JR. Weapons Workshop



Session 1 · MONDAY JUNE 20th - FRIDAY JUNE 24th

Session 2 · MONDAY JULY 11th - FRIDAY JULY 15th

9:30 AM - 2:30PM

AGES 8-15 ■ **\$550** per session



Students will explore and refine solo weapon techniques and partner work.

Topics include:

Katana / Bokken (Japanese Sword)

Kyoketsu Shoge (Sickle and Chain)

Hanbo (Short Staff)

Jo (Medium Staff)

Shuriken (Throwing Stars)



Investigate the Rei-Ho or History and Responsibility of each weapon. Explore and practice solo weapon movement patterns. Develop striking, blocking, and partner combat patterns with various weapons. Learn traditional techniques needed for Belt Rank.

All training is conducted in a controlled and safe manner.

Training weapons are provided for use. Students will receive a sword program white belt and an information guidebook complete with visuals and Samurai and Ninja Kuden.

INDIVIDUAL CERTIFICATES AWARDED UPON COMPLETION

Please bring a snack, water and lunch. Open to all levels of experience. Minimum 6 enrollment. Enrollment includes \$15 sword program white belt fee.

JOIN TODAY!



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