

We Look Forward to Training with You!

Updated: AUGUST 2022

At Studio City Martial Arts, we treat our instructors and guests like family. We take close care of the health and wellness of our Dojo community. We are excited to provide a safe space for physical contact training, community, and human connection we all need.

Your health and safety always come first with our extensive cleaning protocols. We have implemented extra disinfecting measures and sanitizing practices. We are following guidelines from various health organizations. We have added additional cleaning time between classes. We ask for your patience in advance between classes as we prepare the space for you.

Please see below for additional ways we are working to keep you safe and healthy as you train.

As always, we ask that guests and instructors stay at home if they are feeling unwell, displaying symptoms of any illness, or recovering from an illness.

Updated Policies:

Appointment policy: Only guests who have a scheduled appointment or members signed up for a class are permitted in the facility, except a parent accompanying a minor. Unfortunately, walk-ins and drop by visits cannot be accommodated at this time.

Waiver policy: All guests must complete a COVID-19 waiver in addition to standard participation waiver(s).

Mask policy: Masks are highly encouraged indoors, but not required at-all-times.

Masks will be required by guests:

- During specific training activities or training techniques when students are working closely with one another. This is up to the discretion of instructors and must be followed by all students in class. Students who refuse to wear masks will not be able to work on specific training activities or techniques that require close partner contact.
- If guests are exhibiting any symptoms of illness (COVID-19 or otherwise) they will be required to wear a mask at-all-times inside the Dojo space. This includes allergy related symptoms and symptoms considered to be 'non-contagious'. Guests who refuse to comply will be sent home and asked to return when they are no longer showing symptoms.
- If guests have been in close contact with someone who has tested positive for COVID-19. A negative at-home rapid antigen test result is required 3-5 days following exposure, regardless of symptoms.

Class Makeup policy: Due to COVID-19, we are currently extending class makeups for 60 days.

Cancellation policy: We are offering special makeup arrangements for students who miss class due to COVID-19.



HEPA Certified Air Purifiers

to keep the air clean and replace the air 5 times per hour.



Extra Cleaning Protocols

and practices to keep a Sanitized/disinfected Dojo.



Contact-Free Payments

Keep your card on file for easy check out.



Hand Sanitizer

for frequent guest use in Common areas.

Always Prepared

We pride ourselves on making sure our Dojo is safe and healthy with our cleaning protocols.

As always, standard cleaning includes:

- Hospital-grade professional cleaning solutions that are 99.99% effective in destroying harmful germs, viruses, and bacteria.
- Nightly deep cleaning of Dojo.

Additional Cleaning protocols:

- Increased time between classes for instructors to sanitize and disinfect commonly touched surfaces, door handles, training tools and training area throughout the day.
- Additional hand sanitizing stations for both guests and staff.

Investing in your Health

We strive to enhance the experience and well-being of our guests and instructors.

As always, we offer:

- Indoor Dojo classes.
- Contact and contact-free training.
- Private Lessons and Private small group classes.
- Contact-free payments allow you to place a credit card on file.

Additional offerings:

- At-Home private lessons and small group classes.
- HEPA-certified air purifiers that replaces the air five times every hour.

High Standards

It is important to us to maintain a healthy and safe environment. It is our standard practice to follow the guidance of reputable professional and governmental organizations.

As always, follow guidance of:

- Federal, State, and Local Governments
- Occupational Safety and Health Administrations (OSHA)
- Center for Disease Control (CDC)

Currently, we are implementing:

- We ask all guests to use sanitizer when entering and exiting the Dojo and frequently throughout their visit.
- We ask all guests to bring their own water bottle to class. Water to refill is available.
- All appointments must be booked in advance. Walk-ins not permitted.
- Only guests with a current membership & scheduled class will be permitted in the facility, except a parent accompanying a minor.

FAQ'S

WHAT IF GUEST IS IN CLOSE CONTACT WITH SOMEONE WHO TESTS POSITIVE FOR COVID-19?

- 'CLOSE CONTACT' is a person who was indoors and within 6 feet of an infected person for 15 minutes or more over a 24-hour period.
- Guests who are experiencing COVID-19 symptoms or who are identified as a close contact with someone who has tested positive will be sent home and asked to provide a negative at home antigen test result before returning to class.
- Guests who have been in close contact with someone who has tested positive but are not experiencing symptoms, can continue to attend class as long as they monitor for symptoms and wear a highly protective mask at-all-times inside the Dojo space for 10 days following exposure. Also, a negative at-home rapid antigen test result is required within 3-5 days following exposure.
- Guests who have recovered from COVID-19 in the last 90 days who have been in close contact with someone who tested positive are exempt from testing but are required to monitor for symptoms and wear a mask for 10 days following exposure.

WHAT IF SOMEONE IN OUR FAMILY/HOUSEHOLD TESTS POSITIVE?

- Guests can remain in class as long as they monitor for symptoms and remain asymptomatic, wear a highly protective mask at-all-times indoors at the Dojo space for 10 days, and test negative within 3-5 days after the last date of exposure to positive household member while they were infectious.

WHAT IF GUEST TESTS POSITIVE FOR COVID-19?

- Email the Dojo office as soon as possible so we can inform other students who may have been exposed and take necessary precautions.
- If guest is asymptomatic, they still must stay home for five days after positive test result and provide a negative rapid antigen test result on day five following exposure.
- If guest shows symptoms, stay home until at least five days have passed since symptoms first appeared and there is no fever for at least 24 hours (without the use of fever-reducing medication).
- If the test is still positive on the fifth day following positive result and are still symptomatic, guest should stay home for 10 days.
- If guest tests negative on day five and have not had a fever for 24 hours and have improving symptoms, they may return to class.

All of the aforementioned guidelines are subject to change based on the guidance of local and state health organizations. Guests are required to complete a COVID-19 waiver in addition to standard participation waiver(s). We reserve the right to decline service to any guest who does not pass our COVID-19 wellness check, who displays symptoms of COVID-19, or refuses to wear a mask when required. Those who are declined may reschedule their visit for a later date.
