



# STUDIO CITY MARTIAL ARTS

## *Health & Safety*

The wellness of our students comes first.

Please see below for all the ways we are working to keep you safe and healthy during your visit.

All current guidelines can be found on our [Health Protocols Page](#).

**Updated: APRIL 2025**

At Studio City Martial Arts, we treat our instructors and guests like family. We take close care of the health and wellness of our Dojo community.

We are excited to provide a safe space for community, connection, and training.

Your health and safety always come first with our extensive cleaning protocols. We have implemented extra disinfecting measures and sanitizing practices. We have added additional cleaning time between classes. We ask for your patience in advance between classes as we prepare the space for you.

Please see below for additional ways we are working to keep you safe and healthy as you train.

As always, we ask that guests and instructors stay at home if they are feeling unwell, displaying symptoms of any illness, or recovering from an illness.



### **HEPA Certified Air Purifiers**

to keep the air clean and  
replace the air 5 times per hour.



### **Extra Cleaning Protocols**

and practices to keep a  
Sanitized / disinfected space.



### **Contact-Free Payments**

Keep your card on file for easy  
check out.



### **Hand Sanitizer**

for frequent guest use in  
Common areas.

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## Always Prepared

We pride ourselves on making sure our Dojo is safe and healthy with our cleaning protocols.

### **As always, standard cleaning includes:**

- Hospital-grade professional cleaning solutions that are 99.99% effective in destroying harmful germs, viruses, and bacteria.
- Nightly deep cleaning of Dojo.

### **Additional Cleaning protocols:**

- Increased time between classes for instructors to sanitize and disinfect commonly touched surfaces, door handles, training tools and training area throughout the day.
- Additional hand sanitizing stations for both guests and employees.

## Investing in your Health

We strive to enhance the experience and well-being of our guests and instructors.

### **As always, we offer:**

- Personalized Training.
- Private Lessons and Private small group classes.
- Contact-free payments allow you to place a credit card on file.

### **Additional offerings:**

- HEPA-certified air purifiers that replaces the air five times every hour.

## High Standards

It is important to us to maintain a healthy and safe environment. It is our standard practice to follow the guidance of reputable professional and governmental organizations.

### **As always, follow guidance of:**

- Federal, State, and Local Governments
- Occupational Safety and Health Administrations (OSHA)
- Center for Disease Control (CDC)

- We ask all guests to use sanitizer when entering and exiting the Dojo and frequently throughout their visit.
- We ask all guests to bring their own water bottle to class. Water to refill is available.
- All appointments must be booked in advance. Walk-ins not permitted.
- Only guests with a current membership & scheduled class will be permitted in the facility, except a parent accompanying a minor.

## Updated Policies:

Appointment policy: Only guests who have a scheduled appointment or members signed up for a class are permitted in the facility, except a parent accompanying a minor. Unfortunately, walk-ins and drop by visits cannot be accommodated at this time.

Waiver policy: All guests must complete a SCMA Health Protocols waiver in addition to standard participation waiver(s).

Mask policy: Masks are not required inside the Dojo space. *Masks will be required by guests:*

- During specific training activities when students are working closely with one another (advanced techniques)
- If guests are exhibiting any symptoms of illness (even allergy related or non-contagious)
- If guests have been in close contact with someone who has tested positive for COVID-19, but are testing negative.
- Masks will be provided for use if needed.

Class Makeup policy: Due to COVID-19, we are currently extending class makeups for 60 days.

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*All of the aforementioned guidelines are subject to change. All guests are required to complete a COVID-19 waiver in addition to standard participation waiver(s). We reserve the right to decline service to any guest who displays symptoms of illness and reschedule their visit for a later date.*

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